

CLASSIC

French Loaves (30 oz) **\$11.00 | 1/2 \$6.00**
PULLMAN (42 oz) **\$15.00 | 1/2 \$8.00**
Baguettes (12 oz) **\$5.50 | \$7.50** (specialty)
Rolls (5.5 oz) **4 for \$7.50**
Pizza Crust (14 oz) **\$6.50 | 12" par baked**

Ingredients: gf flour base*, water, egg whites, butter, honey, yeast, olive oil, salt, apple cider vinegar.
Allergy Note: Contains Dairy (butter, eggs)

Cinnamon Raisin Loaf (33 oz) **\$13.00 | 1/2 \$7.00**

Ingredients: gf flour base*, water, egg whites, butter, honey, yeast, olive oil, raisins, eggs, salt, apple cider vinegar, sugar, cinnamon.
Allergy Note: Contains Dairy (butter, eggs)

Bagels Everything + Plain (5.5 oz) **4 for \$11**

Cinnamon Raisin 4 for \$12 | \$3.50 ea.

Ingredients: gf flour base*, water, egg whites, butter, honey, yeast, olive oil, salt, apple cider vinegar, molasses.
Allergy Note: Contains Dairy (butter, eggs)

DABO

Pullman (30 oz) **\$15.00 | 1/2 \$8.00**
Baguettes (12 oz) **\$7.00**

Ingredients: Sorghum, Teff, Arrowroot, Tapioca, Water, Avocado Oil, Olive Oil, Psyllium Husk, salt, Yeast, Xanthan Gum, Baking Powder, Baking Soda, Vinegar

MUFFINS \$4.50

Lemon Poppy

Ingredients: gf flour base*, white sugar, eggs, butter, yogurt, poppy seeds, lemon juice, lemon extract, orange extract.
Lemon Glaze: powdered sugar, lemon juice, orange extract
Allergy Note: Contains Dairy (butter, eggs, yogurt)

Morning Glory

Ingredients: gf flour base*, carrots, granny smith apple, Walnuts, raisins, shredded coconut, brown sugar, eggs, butter, orange juice, cinnamon, nutmeg, ground ginger. Allergy Note: Contains Dairy (eggs), Tree nuts (walnuts)

Mr. Blueberry

Ingredients: gf flour base*, sugar, eggs, butter, yogurt, blueberries, lemon juice, lemon zest, butter extract. Allergy Note: Contains Dairy (eggs, butter)

Butter Rum

gf flour base*, sugar, butterscotch chips (Sugar, Fractionated Palm Kernel Oil, Milk, Nonfat, Milk, Natural Flavors (contains Milk), Hydrogenated Palm Oil, Soy Lecithin, Color (color Added, Paprika Oleoresin, Glucose Syrup Solids, Tocopherol)), eggs, butter [cream (milk) natural flavor], sour cream, butter extract, rum extract.



BREAD

GOLD (Vegan)

French Loaves (32 oz) **\$11.00 | 1/2 \$6.00**
PULLMAN (42 oz) **\$14.00**
Baguettes (12 oz) **\$5.50 | \$7.50** (specialty)
Rolls (5.5 oz) **4 for \$7.50**
Pizza Crust (14 oz) **\$6.50 | 12" par baked**

Ingredients: gf flour base*, water, Organic golden flaxseed, Natural oil blend [palm fruit, canola, and olive oils (water, salt, contains less than 2% of natural flavor, sunflower lecithin, lactic acid (to preserve freshness), annatto extract (color))], Organic blue Agave, yeast, olive oil, salt, apple cider vinegar

Gold Bagels Everything + Plain (5.5 oz)

4 for \$11

Gold Pretzel (5.5 oz) **\$4.50**

Ingredients: gf flour base*, water, Organic golden flaxseed, Natural oil blend [palm fruit, canola, and olive oils (water, salt, contains less than 2% of natural flavor, sunflower lecithin, lactic acid (to preserve freshness), annatto extract (color))], Organic blue Agave, yeast, olive oil, salt, apple cider vinegar, molasses

PASTRIES

COOKIES 1/2 Doz (4.2 oz) **\$4.50 | 1 doz (8.4 oz) \$8.00***

Classic Chocolate Chip | Tastes like home-made

Ingredients: chocolate chips (sugar, chocolate, cocoa butter, milk fat, soy lecithin, natural flavors), brown sugar, white sugar, eggs, butter, coconut oil, gf flour base*, vanilla extract. Allergy Note: Contains Dairy (butter, eggs, milk), Tree nuts (coconut)

Coconut Chocolate Chip | A chocolaty, coconut delight

Ingredients: chocolate chips (sugar, chocolate, cocoa butter, milk fat, soy lecithin, natural flavors), shredded coconut, brown sugar, white sugar, eggs, coconut oil, gf flour base*, vanilla extract. Allergy Note: Contains Dairy (eggs, milk), Tree nuts (coconut)

Rocky Road | The popular ice cream, re-transformed

Ingredients: gf flour base*, cocoa, chocolate chips (sugar, chocolate, cocoa butter, milk fat, soy lecithin, natural flavors), walnuts, marshmallow (corn syrup, sugar, modified corn starch, dextrose, water, gelatin, contains less than 2% of Tetrasodium, pyrophosphate (whipping aid), natural and artificial flavor, artificial color (includes blue 1)), white sugar, eggs, butter, vanilla extract. Allergy Note: Contains Dairy (butter, eggs, milk)

Double Chocolate Espresso | For the coffee lover in you

Ingredients: Cocoa, chocolate chips (sugar, chocolate, cocoa butter, milk fat, soy lecithin, natural flavors), brown sugar, white sugar, eggs, butter, gf flour base*, espresso, vanilla extract. Allergy Note: Contains Dairy (butter, eggs, milk)

Snicker Doodle | Cinnamon spice and everything nice

Ingredients: gf flour base*, brown sugar, white sugar, eggs, butter, cinnamon, vanilla extract, salt. Allergy Note: Contains Dairy (butter, eggs, milk)

Peanut Butter | A hometown favorite

Ingredients: Peanut butter (peanuts, evaporated cane juice, natural oil blend [palm fruit and flaxseed oils] salt, molasses), brown sugar, white sugar, eggs, butter, gf flour base* Allergy Note: Contains Dairy (eggs, milk), peanuts

Oatmeal Raisin | Rich & chewy with a hint of spice

Ingredients: gluten free oats, raisins, gf flour base*, brown sugar, white sugar, eggs, butter, cinnamon, vanilla extract. Allergy Note: Contains Dairy (butter, eggs), raisins

*cookies must be same flavor for dozen deal

TOASTER PIES aka "Pop Tarts" \$5.00

Strawberry Lane

Ingredients: gf flour base*, icing sugar, butter, sour cream, egg yolks, water, salt **Filling:** Strawberries, sugar, cane sugar, concentrated lemon juice fruit pectin, concentrated, elderberry juice. **Glaze:** sugar, vanilla extract, almond milk

Very Blackberry

gf flour base*, icing sugar, butter [cream (milk) natural flavor], sour cream, egg yolks, water, salt **Filling:** Blackberries, sugar, cane sugar, concentrated lemon juice, fruit pectin **Glaze:** icing sugar, lemon juice, orange extract

Brown Sugar Bae

Ingredients: gf flour base*, icing sugar, butter, sour cream, egg yolks, water, salt **Filling:** butter, cinnamon, sugar **Glaze:** sugar, almond milk, cinnamon

Cherry Bomb

Ingredients: gf flour base*, icing sugar, butter [cream (milk) natural flavor], sour cream, egg yolks, water, salt **Filling:** tart cherries, sugar, cane sugar, concentrated lemon juice **Glaze:** icing sugar, lemon juice, lime

Apple Cinnamon

Ingredients: gf flour base*, icing sugar, butter [cream (milk) natural flavor], sour cream, egg yolks, water, salt **Filling:** Apples, sugar, cane sugar, concentrated lemon juice **Glaze:** sugar, almond milk, cinnamon

"Best Gluten-Free Pizza @ 40 North"

2020 @KEEPAUSTINEATIN (Instagram)

"Best Bread You'll Never Guess Is Gluten-Free"

2019 AUSTIN CHRONICLE CRITICS CHOICE WINNER

We are baked in Austin and our products are all made from our proprietary gluten-free (gf), nut-free, rice flour blend. We sell locally to stores like Peoples' Rx, Grove Wine Bar and Wheatsville. We have appeared on **Good Day Austin** (2X), in **the Statesman** and **Austin Monthly** magazine, appeared on **Univision**, placed 5th in **Anderson Cooper's** cookie competition and were hand selected to participate in **Martha Stewart's American Made Summit** in New York City. Lastly, back in 2017 we were selected Top 25 in **HEB's 2017 Quest for the Best** competition.

Shelf Life of Bread

If product is refrigerated, or frozen, it is recommended you microwave for 15–30 seconds to resuscitate the bread's golden crust and chewy center characteristics, then toast, or grill.

- Our classic line is fresh up to 4 days without refrigeration (in bread box), or toasted. The Golden line is fresh 5-7 days without refrigeration (in bread box), or toasted.
- All breads are fresh 10 days refrigerated; 3 months frozen

Shelf Life of Pastries

If item is refrigerated, or frozen, it is recommended you microwave for 15–30 seconds to restore the food to its delicious, "fresh-baked" quality.

- 3-5 days without refrigeration (in cellophane wrapper)
- 6-10 days refrigerated
- 30+ days frozen

*gluten free flour base: white rice flour, tapioca flour, potato starch, brown rice flour, xanthan gum, baking soda, baking powder, sea salt

Learn More About Us: GFYKitchen.com

Instagram + Facebook: [gfyoursselfk](https://www.instagram.com/gfyoursselfk)



GFY CURBSIDE SERVICE

www.GFYKitchen.com

Order on a weekday, pick it up next day.

WEDNESDAY DROP-SPOTS

Two Austin locations.

North Austin
Con Olío Oils & Vinegar
10000 Research Blvd

South Austin
Radio Coffe & Beer
4204 Manchaca Rd

RETAIL, TAKE-OUT, DINE IN & DELIVERY OPTIONS

People's RX
3801 South Lamar
4201 Westbank Dr
4018 N Lamar Blvd

BULLY BAGEL at THE BUZZ MILL
1505 Town Creek DR

Tiny Grocer
1718 S Congress

Wheatsville
3101 Guadalupe St
4001 South Lamar

40 North
900 W 10th St

Apis Restaurant
Pizzeria Sorellina
23526 TX-71,
Spicewood, TX

FrontYard Brewing
4514 Bob Wire Rd
Spicewood, TX

Grove Wine Bar
6317 Bee Cave Rd
800 W 6th
3001 Ranch Rd 620 S
Cedar Park

Juliet Italian Kitchen
1500 Barton Springs Rd
10000 Research Blvd

Farmhouse Delivery
farmHouseDelivery.com

MilkRun
localMilkRun.com

Vinder
Vinder.com

FARMERS' MARKETS

Barton Creek Market
Saturdays 9am-1pm
2901 S Capital of Texas Hwy

Mueller Market
Sundays 10am-2pm
2006 Philomena St